

THE

(Your Family Name)

PROMISE



ADOLESCENT/TEEN

I recognize that there are many potentially destructive decisions I face every day and commit to you that I will do everything in my power to avoid making decisions that will jeopardize my health, my safety and overall well-being, or your trust in me. I understand the dangers associated with the use of alcohol and other drugs and the destructive behaviors often associated with impairment.

By signing below, I pledge my best effort to remain free from alcohol and other drugs; I agree that I will never drive under the influence; I agree that I will never ride with an impaired driver; and I agree that I will always wear a seat belt.

Finally, I agree to call you if I am ever in a situation that threatens my safety and to communicate with you regularly about issues of importance to both of us.

Young Person | Date



SIBLING

As an older brother/sister I know my influence is critical and I can protect my sibling from mistakes I may/may not have made. I will not encourage younger brothers and sisters to drink and will not give them alcohol. By signing below, I pledge to do everything in my power to understand and communicate with you about the many difficult and potentially destructive decisions you face.

I also pledge to you that I will not drive under the influence of alcohol or other drugs, I will always seek safe, sober transportation home, and I will always wear a seat belt.

Sibling | Date



PARENT (OR CARING ADULT)

I am committed to you and to your health and safety. By signing below, I pledge to do everything in my power to understand and communicate with you about the many difficult and potentially destructive decisions you face.

Further, I agree to provide for you safe, sober transportation home if you are ever in a situation that threatens your safety and to defer discussions about that situation until a time when we can both have a discussion in a calm and caring manner.

I also pledge to you that I will not drive under the influence of alcohol or other drugs, I will always seek safe, sober transportation home, and I will always wear a seat belt.

Parent/Caring Adult | Date

www.Talk2Prevent.NY.gov

Need help? Call 877-846-7369



**Talk 2
Prevent**